

2009 FINNISH FIVE

An Annual Adventure!

5 Mile Road Race celebrating the declaration of independence in 1917 by Finland, the nation that produced Paavo Nurmi and all those great Heikki & Eino jokes.

When: *Saturday, December 19, Registration race day only (begins at noon) – RACE at 1:00 p.m.*

How much? *\$5 for 5 rolling miles*

Awards: *Prize for top Male/Female Finishers.*

Age Groups: *Men & Women - Ribbons for top three in each class; under 19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over*



Where: *5360 Westport Road (Hwy M & 113, near Skipper Bud's & Mariner's Inn)*



Race Director: *Melanie Barwise & Jim Cousin
608-835-7209 or floribunda13@yahoo.com*

Name _____ Age _____
Address _____ M or F or Other _____
City _____ State _____ Zip _____ Phone _____

I know that running has certain risks that I personally, and for anyone acting on, with, or against, my behalf accept in running this event. These risks include, but are in no way limited to; slipping, falling, tripping, landing wrong, colliding with another participant, spectator, vehicle, or any stationary object, getting lost, pulling a muscle, passing on, etc. In no way is the race director, race volunteers, the Madison Hash House Harriers, the Nau-Ti-Gal restaurant, the city, town or village of Madison, any sponsors, spectators, associated pets, those not involved in any way, etc, responsible or liable for my actions during the race or afterwards. In other words, I know what I'm doing and accept responsibility for myself.

Participant or Guardian

Date